

MONDAY'S LUNCH MENUS

HYNES CONVENTION CENTER

BUFFET LUNCH "HANOVER STREET TABLE"

Angel Hair Pasta "Ballas" (VEG)

basil vinaigrette, grilled italian vegetables and fresh mozzarella

Caesar Salad

crisp romaine, parmesan and garlic croutons with classic caesar dressing (GF without croutons)

Antipasti Assorti (VEG)

wood-roasted mushrooms with crumbled blue cheese, fire-roasted peppers with balsamic reduction, oven-dried tomatoes with roasted garlic oil, white beans with basil pesto, focaccia croutons and grissini breadsticks (GF without bread)

Saltimbocca-Style Seared Chicken (GF)

prosciutto, lemon zest and fresh sage with lemon garlic sauce

Cabernet-Braised Beef Tips (GF)

red pepper risotto and eggplant "fries"

Tri-Color Tortellini (VEG)

parmesan broth, roasted artichokes, grilled olives and roasted peppers

Dessert

Cannoli and **Éclairs** (VEG)

GRAB 'N GO BOXED LUNCH

Box 1

ZLT Flatbread Sandwich (VEG)

zucchini, squash, romaine hearts, tomato, sun-dried tomato spread, chipotle aioli, and pepper-jack cheese

Box 2

Smokin' Gobbler Sandwich

shaved smoked turkey, vermont cheddar, cranberry-apricot chutney and sage aioli on whole wheat bulkie

Box 3

Sicilian Beef and Fontina Sandwich

oven-dried tomato-basil chutney, hearty greens, caramelized onions and pepperoncini on focaccia

Box 4

Harvest Turkey Salad (GF)

roast turkey with romaine, spinach, cranberries, grapes, granny smith apples, goat cheese and walnuts with a raspberry vinaigrette

*All boxes are served with **Fruit, Cape Cod Chips** and a **Whoopie Pie** (VEG) for dessert*

SHERATON BOSTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Oregano Chicken Sliced

green peas, lemon and parsley over chickpea couscous

Chilled Three Bean Salad

(VEGAN, GF)

green beans, kidney bean and black beans

Banana

Rice Pudding (VEG)

Box 2

Sliced Beef Brisket

whole grain mustard and swiss on rye

Creamy Cole Slaw (VEG, GF)

Banana

Black & White Cookie (VEG)

Box 3

Roasted Vegetable Wrap

(VEGAN, GF)

basil pesto & romaine

Panzanella Salad (VEG)

Banana

Brownie (GF)

TUESDAY'S LUNCH MENUS

HYNES CONVENTION CENTER

BUFFET LUNCH "SMOKEHOUSE SAMPLER"

Smoked Turkey Cobb Salad (GF)

buttermilk ranch dressing

Loaded Macaroni Salad

smoked cheddar cheese, bacon, scallions and hard cooked egg

Creamy Coleslaw (VEG, GF)

Smoked Beef Brisket

texas toast and our signature barbecue sauce (GF without toast)

BBQ Chicken

pulled smoked chicken with onion buns (GF without buns)

Pulled Pork Quesadilla

jack cheese, poblano peppers, spicy salsa and avocado crema

Penne (VEG)

poblano chiles, corn, and cilantro butter sauce

Dessert

Blueberry Peach Cobbler (VEG)

cinnamon whipped cream

GRAB 'N GO BOXED LUNCH

Box 1

Fire-Roasted Vegetable Wrap (VEG)

sun-dried tomato hummus, wilted spinach, feta cheese and red wine vinaigrette

Box 2

Chipotle Turkey and Avocado Sandwich

turkey, guacamole, pepper-jack cheese, roasted tomatoes, arugula, and chipotle mayo on ciabatta

Box 3

Corned Beef Sandwich

swiss cheese and louie dressing on rye

Box 4

Greek Salad (GF)

romaine lettuce, vine-ripened tomatoes, feta cheese, pepperoncini, red onions, kalamata olives and greek dressing

- chicken option available

All boxes are served with Fruit, Cape Cod Chips and a Dancing Deer Cookie (VEG) for dessert

SHERATON BOSTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Smoked Turkey

sliced apple, brie cheese and honey mustard on baguette

Market Greens Salad (VEGAN, GF)

balsamic vinaigrette

Orange

Decadent Chocolate Brownie

(VEG)

Box 2

Shrimp Salad Wrap

tarragon mayonnaise over baby greens and charred lemon

New Potato Salad

pickled red onions (VEG, GF)

Orange

Decadent Chocolate Brownie

(VEG)

Box 3

Roasted Red Peppers (VEGAN, GF)

charred asparagus and zucchini over three grain salad

Breadless Tomato

Panzanella Salad (VEGAN, GF)

red onion and basil

Orange

Chocolate Chip Cookies (VEGAN)

WEDNESDAY'S LUNCH MENUS

HYNES CONVENTION CENTER

BUFFET LUNCH "CHINATOWN"

Hot & Sour Soup (VEGAN, GF)

thin cut mushrooms, bean threads, rice noodles and shaved green onions in a rich spiced broth

Vegetable Spring Rolls (VEG)

soy dipping sauce

Gingered Asian Cabbage Slaw (VEGAN, GF)

sesame dressing

Udon Dragon Noodle Salad (VEG)

thai peanut vinaigrette

Asian Pear Salad (VEGAN, GF)

curly endive, shaved spinach and radicchio with rice wine vinaigrette topped with sliced pear

Cashew Chicken and Snow Peas

black bean garlic sauce and lo mein noodles

Wok-Seared Hoisin Beef and Asparagus

bird chili and jasmine rice

Asian Vegetable Stir-Fry (VEGAN, GF)

baby bok choy, shaved carrots, sweet peppers, ginger, garlic and lemongrass with miso broth

Dessert

Gingered Tropical Fruit Shortcake (VEG)

mango, melon and kiwi in coconut syrup with angel food cake

Moon Pies (VEG)

asian spiced cream filling between two cake half moons

GRAB 'N GO BOXED LUNCH

Box 1

Caprese Sandwich (VEG)

fresh mozzarella, tomatoes, arugula, basil pesto, and balsamic glaze on ciabatta

Box 2

Southwest Grilled Chicken Wrap

grilled ancho chicken, cilantro aioli, pepper-jack cheese, guacamole, corn and black bean salsa

Box 3

Roast Beef Sandwich on Focaccia

tomatoes, sweet onion jam and boursin cheese

Box 4

Southwest Salad

romaine, black beans, roasted corn, guacamole, cucumbers, tomatoes and crispy wontons

- chicken option available

All boxes are served with Fruit, Cape Cod Chips and an Espresso Brownie Bar (VEG) for dessert

SHERATON BOSTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Apple Smoked Bacon, Chicken Wrap

celery and ranch dressing on green leaf

Ratatouille Salad (VEGAN, GF)

Bosc Pear

Lemon Square

Box 2

Light Tuna Salad

on a brioche roll

Ratatouille Salad (VEGAN, GF)

Bosc Pear

Lemon Square

Box 3

Miso Marinated Tofu & Rice Salad

snow peas, carrots over shredded romaine with sesame soy dressing (VEG)

Chilled LoMein Noodle Salad (VEG)

Bosc Pear

Coconut Tart

THURSDAY'S LUNCH MENUS

HYNES CONVENTION CENTER

BUFFET LUNCH "DISTINCTLY BOSTON"

Legal Sea Foods Clam Chowder

cape shore clams, roasted potatoes, celery and onions with oyster crackers

North End Caesar Salad (GF without croutons)

crisp romaine, parmesan and garlic croutons with classic caesar dressing

Chinatown Udon Dragon Noodle Salad (VEG)

thai peanut dressing

Boston Citrus Bibb Salad (VEG, GF)

curly endive, shaved spinach and radicchio with citrus fruit, candied walnuts, locally produced peppered goat's cheese

Vegetable Spring Rolls (VEG)

soy dipping sauce

BackBay Maple Glazed Free Range Chicken (GF)

pan-seared with cranberry chutney

Fish and Chips

crisp and golden brown beer battered local cod with garlic-parmesan pub chips, classic tartar sauce and malt vinegar

Brookline Beef Sirloin Tip Bulkie

seared thin cut beef tips with natural jus on bulkie rolls with caramelized onions and provolone cheese

Dessert

Macerated Strawberry Shortcake (VEG)

lemon poppy seed shortcake, lemon curd and whipped topping

Whoopie Pies (VEG)

chocolate, carrot cake and red velvet

GRAB 'N GO BOXED LUNCH

Box 1

Veggie & Hummus Wrap (VEG)

hummus, cucumbers, roasted tomatoes, carrots, romaine, mesclun, basil pesto, feta and balsamic vinaigrette

Box 2

Tuscan Chicken Sandwich

herb aioli, boursin spread, roasted peppers, and balsamic onions on torta roll

Box 3

Ham and Swiss

on pretzel bread

Box 4

Chinese Chicken Salad

crispy wontons and sesame ginger dressing

All boxes are served with Fruit, Cape Cod Chips and a Caramel Baked Apple Pie Parfait (VEG) for dessert

SHERATON BOSTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Smoked Adobe Chicken Breast

on focaccia

Penne & Red Pepper

Pesto Salad (VEG)

Apple

Chocolate & Peanut

Butter Cookie (VEG)

Box 2

Shaved Pit Ham and Smoked Bacon

swiss, green leaf, tomato and dijon on baguette

Tomato & Avocado Salad

(VEGAN, GF)

Apple

Chocolate & Peanut

Butter Cookie (VEG)

Box 3

Southwest Wrap (VEGAN, GF)

farro, roasted red onion, pico de gallo and avocado mayo

Cucumber Salad (VEGAN, GF)

cilantro and lime juice

Apple

Chocolate & Peanut

Butter Cookie (VEG)

Chocolate Chip Cookie (GF)