

TUESDAY'S LUNCH MENUS

CCIB

BUFFET LUNCH

Beluga Lentil Salad

Iberian ham, concassé tomato, red and yellow pepper, chive

Andalusian salad (VEG)

potato, pepper, orange, red onion and black olives

Catalan Salad

black and white sausage, fuet dried Catalan sausage, tomato, fresh Catalan cheese and honey vinaigrette

Beef Ragout (GF)

black beer sauce and celery chutney

Hake In Green Sauce (GF)

white asparagus, egg and peas

Escalivada (GF, V)

roasted onion, aubergine, red pepper and sweet potato with mediterranean herbs salt

Sauté Rice (V)

with poached onion and saffron

Champignon Mushrooms "al ajillo" (GF, VEG)

Chickpeas Stew (GF, VEG)

with Spinach

Dessert:

Apple Tart (VEG)

Strawberries (GF, VEG)

with Catalan Cream and Vanilla

Sweet Fritter (VEG)

GRAB 'N GO BOXED LUNCH

Box 1

Tomato & Greens Sandwich (VEG)

with mesclun, cucumber and mayo

Veggie Sandwich (VEG)

with cheese, caramelised onions, fresh tomato, grated carrots, iceberg lettuce and cream cheese on whole wheat bread

Iberian Salad

Box 2

Ham & Cheese Sandwich

with tomato coulis

Turkey Sandwich

with crispy onions, iceberg lettuce, honey and pepper sauce on whole wheat bread

Iberian Salad

All boxes include:

Fruit & Dessert

AC HOTEL

BUFFET LUNCH

Assorted Crudité & Cheese (VEG, GF)

carrots, cherry tomatoes, onions, olives, bean sprouts and gouda cheese

Simple Green Salad (V, GF)

with assorted vinaigrettes

Green Salad (V, GF)

with tofu, walnuts, mushrooms and bell pepper vinaigrette

Couscous & Tuna

with vegetables and boiled egg

Cream Of Leek Soup (VEG)

Mushroom and blue cheese tartlet

Fusilli, Dried Tomato & Spinach

with anchovies and cream of mushroom sauce

Oven Baked Salmon (GF)

with carrots, cherry tomatoes and ginger sauce

Roasted Chicken Thigh (GF)

with sweet and sour sauce and rice pilaf

Dessert:

White Chocolate Mousse (VEG)

with cranberry sauce

Lime & Yogurt Cake (VEG)

Fruit Salad (V)

GRAB 'N GO BOXED LUNCH

Box 1

Roast Beef Sandwich

roast beef, tomato, lettuce, pickle and mustard

Rice & Tuna Salad (G)

Brownie (VEG)

Box 2

Veggie Sandwich

lettuce, tomato, pickle and mustard (V)

Rice Salad & Vegetables (G) (V)

Brownie (VEG)

All boxes include:

Potato Chips (G) (V), Piece of Fruit, Bottled Water

HILTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Serrano Ham on Baguette

Tuna Salad Sandwich

Box 2

Smoked Salmon

with tartar sauce on baguette

Smoked Turkey Sandwich

Box 3

Egg, Lettuce & Assorted Vegetables on Baguette (VEG)

Grilled Vegetable

Focaccia Sandwich (V)

All boxes include:

Small Greek Salad (VEG), Cheesecake, Water / Fruit Juice

WEDNESDAY'S LUNCH MENUS

CCIB

BUFFET LUNCH

Autumn Salad (VEG, GF)

canons, tender onions, tomato and Roquefort cheese

Niçoise Salad

green beans, hard boiled egg and tuna

Leek & Cheese Quiche (VEG)

Chicken Chasseur Style (GF)

tomato, chalotes, mushrooms and white wine

Grouper à la Grenobloise

with butter, capers, croutons and parsley

Sautéed Wild Rice (V)

with vegetables and piquillo red peppers

Salty Cake (V)

with sweet potato, yucca, black beans and banana, over a bed of whole wheat rice

Graten Dauphinoise of Potatoes (VEG, GF)

with gruyere cheese cream

French Style Sautéed Peas (V)

Dessert:

Melon Tryo in Mint Syrup (V)

Pêche Melba (VEG)

peach in syrup, raspberry and vanilla

Macarons (VEG)

GRAB 'N GO BOXED LUNCH

Box 1

Caprese Sandwich (VEG)

tomato, mozzarella and pesto

Veggie Sandwich (VEG)

with cheese, caramelized onions, fresh tomato, grated carrots, iceberg lettuce and cream cheese on whole wheat bread

Pasta & Arugula Salad

Box 2

Turkey Sandwich

with crispy onions, iceberg lettuce, honey and pepper sauce on whole wheat bread

Club Sandwich

cooked ham, boiled egg, bacon, fresh tomato, iceberg lettuce and BBQ sauce on whole wheat bread

Pasta & Arugula Salad

All boxes include:

Fruit & Dessert

AC HOTEL

BUFFET LUNCH

Assorted Crudité & Cheese (VEG, GF)

carrots, cherry tomatoes, onions, olives, bean sprouts and gouda cheese

Simple Green Salad (V, GF)

with assorted vinaigrettes

Potato Salad (GF)

with tuna, bell pepper, hard-boiled egg and mustard vinaigrette

Green Salad

with croutons, parmesan and Caesar dressing

Cream of Pea Soup (GF)

with an Iberian pork oil

Vegetable Lasagna (VEG)

Sautéed Curried Rice (V, GF)

with pineapple, celery and peanuts

Corbina (GF)

with potato gratin and a seafood sauce

Slow Roasted Beef (GF)

with vegetables and gravy

Dessert:

Chocolate & Raspberry Mousse (VEG)

Yoghurt with Peach Marmalade (VEG, GF)

Fruit Salad (V, GF)

GRAB 'N GO BOXED LUNCH

Box 1

Manchego Cheese & Tomato Sandwich on Ciabatta (V)

Pasta Salad (VEG)

with tomato and mozzarella

Chocolate Cake (VEG)

Box 2

Grilled Veggie Sandwich on Ciabatta (V)

Pasta Salad (VEG)

with tomato and mozzarella

Chocolate Cake (VEG)

All boxes include:

Potato Chips (G) (V), Piece of Fruit, Bottled Water

HILTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Ham & Cheese on Baguette

Roast Beef Wrap

Box 2

Cecina on Baguette

from Leon (smoked/dried beef)

Tomato & Mozzarella Sandwich (VEG)

Box 3

Hummus & Romaine Lettuce (V)

Avocado & Cream Cheese Wrap (VEG)

All boxes include:

Tuscan Pasta Salad (VEG), Carrot Cake, Water / Fruit Juice

THURSDAY'S LUNCH MENUS

CCIB

BUFFET LUNCH

Cucumber Salad (VEG)
with yogurt and mint sauce

Shamandar Salad (VEG)
marinated beetroot with tahini, hummus,
cumin, and lemon in pita

Chickpea Salad (VEG)
with cumin, tahini, lemon and pita

Roasted Lamb Kebab
with coriander, garlic, citronella and
yogurt mint dressing

Tilapia Fillet (GF)
with cumin-spiced corn cakes, lemon,
chile and coriander

Harira Soup with Spicy Vegetables

Spicy Falafel & Babaghanoush (VEG)

Dhal (V, GF)
with crunchy sweet potato and
coconut chutney- thicker

Couscous of Vegetables (VEG)

Dessert:

Turkish Delights (VEG)

Baklavas (VEG)
puff pastries with honey, dry nuts and
cabello de angel (melon marmalade)

Pineapple (VEG, GF)
with azahar water, pistachos

GRAB 'N GO BOXED LUNCH

Box 1

Roasted Vegetable Sandwich (VEG)
zucchini, eggplant, tomato, mesclun
and romesco sauce

Veggie Sandwich (VEG)
with cheese, caramelized onions, fresh tomato,
grated carrots, iceberg lettuce and cream cheese
on whole wheat bread

Cesar Salad

Box 2

Serrano Ham Sandwich
with tomato coulis

Chicken Sandwich
with fresh sliced tomato, iceberg lettuce and
french dressing with gherkin on whole wheat bread

Cesar Salad

All boxes include:

Fruit & Dessert

AC HOTEL

BUFFET LUNCH

Assorted Crudité (VEG, GF)
celery, cherry tomatoes, red onion,
sweet corn, cucumber

Simple Green Salad (V, GF)
with assorted vinaigrettes

Frisee Salad
with Arbequina olives, anchovies
and romesco sauce

Pasta Salad
with surimi and seafood

Cream of Asparagus Soup (VEG, GF)

Artichokes Stuffed with Seafood

Rice Noodles with Vegetables (GF)
olives, eggs and soya sauce

John Dory (GF)
with pumpkin and roast red pepper sauce

Chicken Stuffed with Apple (GF)
potato mash and peas

Dessert:

Chocolate Cake (VEG)
with walnuts and meringue

Cheesecake (VEG)

Fruit Salad (V, GF)

GRAB 'N GO BOXED LUNCH

Box 1

Ham & Cheese Sandwich

Caesar Salad

Cheesecake (VEG)

Box 2

Hummus & Fresh Spinach Sandwich (V)

Green Salad with Tofu & Nuts (G) (V)

Cheesecake (VEG)

All boxes include:

**Potato Chips (G) (V), Piece of Fruit,
Bottled Water**

HILTON HOTEL

GRAB 'N GO BOXED LUNCH

Box 1

Sobrasada & Cheese on Baguette
(traditional Balearic sausage)

Cheese & Quince Sandwich (VEG)

Box 2

Chicken & Vegetables on Baguette

Ham & Tomato Focaccia Sandwich

Box 3

Potato Omelet on Baguette
with peppers and cream cheese (VEG)

Veggie Wrap (V)

All boxes include:

**Small Coleslaw (VEG) (G), Lemon
Meringue Pie, Water / Fruit Juice**

FRIDAY'S LUNCH MENUS

CCIB

GRAB 'N GO BOXED LUNCH

Box 1

Hummus Sandwich (VEG)

with tomato and cucumber

Veggie Sandwich (VEG)

with cheese, caramelized onions, fresh tomato, grated carrots, iceberg lettuce and cream cheese on whole wheat bread

Spinach & Fusilli Salad

Box 2

Chicken Sandwich

with tomato and mayo

Tuna Sandwich

with green olives, fresh red onion, boiled egg, spinach with mayo and Dijón mustard on tomato bread

Spinach & Fusilli Salad

All boxes include:

Fruit & Dessert

AC HOTEL

BUFFET LUNCH

Assorted Crudité (GF)

beets, cherry tomato, spring onions, cucumber, egg and turkey

Simple Green Salad (V, GF)

with assorted vinaigrettes

Rice Salad (V, GF)

with bean sprouts, bell peppers, carrots and a sweet and sour vinaigrette

Mesclun Salad (V, GF)

with citrus and raspberry vinaigrette

Cream of Mushroom & Olive Oil Soup (VEG, GF)

Spinach Cannelloni (VEG)

with a white sauce and pine nuts

Basmati Rice (GF)

with vegetables and seafood

Bass (GF)

with ratatouille citric vinaigrette

Beef Knuckle (GF)

with pumpkin mash and gravy

Dessert:

Black Forest Cake (VEG)

Yogurt and Red Fruits (VEG, GF)

Fruit Salad (GF)

GRAB 'N GO BOXED LUNCH

Box 1

Grilled Chicken Sandwich

with lettuce and creamy yogurt dressing

Potato Salad (G)

with smoked salmon

Apple Pie (VEG)

Box 2

Mozzarella Sandwich

with tomato and basil oil (VEG)

Potato Salad (VEG)

Apple Pie (VEG)

All boxes include:

Potato Chips (G) (V), Piece of Fruit, Bottled Water